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Review Article

## Effective Gout Treatment with Resonance Therapy- @

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## ABSTRACT

Gout is a metabolic disease that is manifested by the deposition of uric acid in various human tissues. The cause of gout is the accumulation of uric acid and a decrease in its excretion by the kidneys, which leads to an increase in the concentration of uric acid in the blood. Reduced excretion of uric acid by the kidneys is associated either with kidney disease or with senile degeneration of the kidneys. Clinically, gout is manifested by acute arthritis and the formation of gouty nodes. This article presents an effective method of treating gout by the method of resonance medicine - the resonance of destruction and the resonance of creation. Destruction resonance is used to destroy gouty nodes and uric acid. The resonance of creation is used to restore the structure and function of the kidneys.

**Keywords:** Gout; Resonance of destruction; Resonance of creation; Uric acid; Kidney

## INTRODUCTION

Gout (ancient Greek *ποδάγρα*, literally - a foot trap; from *πούς*, genus *ποδός* - foot and *ἄγρα* - catching, hunting) [1] is a metabolic disease characterized by the deposition of urate crystals in various tissues of the body in the form sodium monourate or uric acid. The occurrence is based on the accumulation of uric acid and a decrease in its excretion by the kidneys, which leads to an increase in the concentration of the latter in the blood (hyperuricemia). Clinically, gout is manifested by recurrent acute arthritis and the formation of gouty nodes - tophi. Kidney damage is also one of the main clinical manifestations of gout along with arthritis.

Gout has been known since ancient times. The first documentary evidence of the disease is known from ancient Egypt and dates back to 2600 BC [2]. They are based on the description of gouty arthritis of the big toe [2]. Ancient Greek healer and physician Hippocrates in the 5<sup>th</sup> century BC. e. described the clinical symptoms of gouty arthritis in his "Aphorisms", where he noted that the disease does not occur in eunuchs and women before menopause [3,4]. The Roman philosopher and physician Aulus Cornelius Celsus described the relationship between the development of gout and the use of alcohol and associated kidney disorders [5]. In 150, Galen pointed out that gout is due to "licentiousness, intemperance and heredity" [6].

At the end of the 17<sup>th</sup> century, the English clinician Thomas Sidenham, who had suffered from gout for more than 30 years, classified it as a separate disease and very accurately described the clinical picture of an acute attack of gouty arthritis in his Treatise on Gout (lat. "Tractatus de podagra et hydrope"). In it, he compared the pain syndrome in gout with pain "from clamping a limb with a press" and described the patient's sensations, comparable to how "a huge dog dug its fangs into a finger" [7]. In 1679, the Dutch scientist Antonie van Leeuwenhoek first described the microscopic structure of uric acid crystals [5].

In 1848, the English physiologist Garrod AB [8], using a thread lowered into the blood of a patient suffering from gout, discovered and described the fact of an increase in the content of uric acid in the blood in this disease [9,10].

The first scientific works of the French physician Jean Martin Charcot relate to the field of gout: "Cartilage damage in gout" (fr. *Les altérations des cartilages dans la goutte*, 1858), "Gouty deposits (tophi) in the outer ear in gouty" (*Les concrétions tophacées de l'oreille externe chez les goutteux*, 1860), "Changes in the kidneys with gout" (*Les altérations du rein chez les goutteux*, 1864), "On gout and lead poisoning" (*Les rapports de la goutte et de l'intoxication saturnine*, 1864).

In 1899, the presence of urate crystals in the joint fluid was discovered during an attack of gouty arthritis. In 1961, MacCarty and

Hollander [11] identified the role of urate crystals in the onset and development of gouty inflammation.

Historically, from the Middle Ages to the 20th century, gout affected mainly the rich and noble people, in connection with which it was called the "disease of kings" [2,12], "the disease of the rich" and "the disease of the aristocrats" [2].

Orowan pointed out that uric acid in all developed mammals, with the exception of great apes and humans, is broken down by the action of the enzyme uricase produced in the liver to allantoin, while in primates, due to the absence of uricase, it is stored in the blood [14].

### Diagnostic Criteria for Gout

- I. The presence of characteristic crystalline urates in the joint fluid.
- II. Presence of tophuses (proven) containing crystalline urates, confirmed by chemical or polarization microscopy.
- III. Presence of at least 6 of the 12 features below:
  - More than one acute attack of arthritis in history;
  - Maximum inflammation of the joint already in the first day;
  - Monoarticular nature of arthritis;
  - Hyperemia of the skin over the affected joint;
  - Swelling or pain localized in the I metatarsophalangeal joint;
  - Unilateral damage to the joints of the arch of the foot;
  - Nodular formations resembling tophi;
  - Hyperuricemia;
  - Unilateral lesion of the I metatarsophalangeal joint;
  - Asymmetrical swelling of the affected joint;
  - Detection on radiographs of subcortical cysts without erosion;
  - Lack of flora in the joint fluid.

The most reliable signs are acute or, less commonly, subacute arthritis, the detection of crystalline urates in the synovial fluid, and the presence of proven tophi.

To date, modern pharmacology has not been able to present a single drug that would be universal at the same time, and could really solve the problem of treating gout [15].

### What is Resonance

Resonance was discovered by Galeleo [16]. The resonance can be most clearly described as follows. A platoon of soldiers approaches

the wooden bridge and the officer gives the command to go out of step because if a platoon of soldiers crosses the wooden bridge in step, the bridge can collapse from resonance. The vibrations of the bridge will coincide with the vibrations of the marching soldiers, a resonance will arise, from which the bridge will collapse.

In this review, the role of the bridge is “played” by the disease, and the role of the marching soldiers is “performed” by the therapeutic effect. The soldier commander did not want the bridge to collapse due to the possible resonance. The physician, by contrast, absolutely needs resonance to destroy the disease.

Resonant methods for the study of matter have found wide application in physics, chemistry, biology, and medicine. For example, Nuclear Magnetic Resonance (NMR).

At the end of the 20<sup>th</sup> century, the method of Magnetic Resonance Imaging (MRI) was developed on the basis of NMR. It is used to obtain images of the human brain, heart, and organs of the digestive tract. For the development of MRI in 2003, the American biophysicist Paul Lauterbur and his English colleague Peter Mansfield were awarded the Nobel Prize in Physiology or Medicine.

This is due to the fact that high potency drugs lead to an exacerbation of diseases. This circumstance extremely limits the possibility of their use, although there is an understanding that the higher the potency of the drug, the more effective it is.

Let us briefly touch on what the “potency of drugs” is and how they are obtained. It has been established that the greater the potency of the drug, the higher its effectiveness.

In 1975, the German doctor Frank Morell came to a completely logical conclusion that if a disease of the organs of the human body is inevitably accompanied by disturbances in their frequency rhythm, then the essence of treatment should be to suppress the emerging “unhealthy” vibrations and restore normal ones.

Vegetative resonance test - VRT, originally proposed in 1991 by the German scientist Schimmel G [17], allows one-point examination. Testing only one biologically active point with it makes it possible to assess the state of not only all organs and systems, but also their interconnection.

A computer-based device for resonance therapy was created, which included both diagnostic and therapeutic parts. In a modern device for resonance therapy there is a large selector with diagnostic (they are also therapeutic) markers, information copies of diseases, which are called “nosodes” when it comes to a disease and “organopreparations” - information copies of healthy organs when a doctor deals with normal, not pathological organs or their parts. “Nosodes” are necessary for the identification and treatment of diseases and “organ products” for testing perfectly healthy organs or their parts. Nosodes are electronic markers about a disease and “organ products”, information markers about a healthy organ or its part, recorded on a certain medium.

Each test drug has a wave effect on the patient. It is necessary to restore the spectral (frequency) harmony of the patient.

## RESONANCE OF DESTRUCTION

### Diagnosics using fracture resonance

In the activity of a doctor using resonance therapy, a similar process takes place using modern technologies. Diagnostics is

performed first. For this, the nosode of the alleged disease is displayed on the computer screen connected to the device for resonance therapy, and it is tested in the patient. If the nosode is “not tested”, then there is no resonance and the arrow on the computer screen does not fall down in the middle of the screen. Therefore, the patient does not have the disease that is displayed by the nosode. In the same case, if the nosode is tested, a resonance arises between the patient and the test drug - the arrow on the computer screen falls and indicates that the patient has the disease, the name of which is the nosode. This is a diagnostic resonance, but not a curative one. This is how resonance diagnostics are carried out in resonance therapy.

### Healing using destruction resonance

To treat the identified disease, the doctor must destroy either the tumor [9] or the infectious process with the help of resonance, and for this it is necessary to potentiate the nosode identified in the patient, i.e. find the potency of the nosode that will resonate with the pathological process in the patient and destroy the disease, in other words, a therapeutic resonance is needed. To do this, find that potency of the nosode (usually high), which leads to the fact that when testing this nosode in a patient, the arrow stops falling. Such a potency of the nosode leads to a resonant destruction of the structures of the disease. In other words, the informational content of the nosode in a certain potency is used for the resonant destruction of the structure of the disease, namely the treatment of the found disease. The doctor writes down the information content of the potentiated nosode on the sugar crumbs and the patient takes this sugar crumbs and is thus treated, i.e. there is a resonant destruction of the structure of the disease.

The use of resonance therapy for the treatment of various diseases only of extremely low potencies, did not allow and does not allow to effectively treat many diseases, including oncological diseases, many infectious diseases, etc. In other words, for many years there has been a crisis in resonance therapy, and thus, in general, in resonance medicine. This can be seen in the materials of the annual scientific conferences on resonance therapy [18].

When it is said that drugs are used in works that exceed the high potency of drugs, they mean those potencies that are prepared electronically [19-26].

Since 2016, materials have been published on the use of high potency drugs for treatment [19-26]. It was found that drugs of high and ultra-high potency do not cause any side effects, including toxic effects on sick and healthy people. However, high potency drugs have proven to be extremely effective in the treatment of severe and extremely serious diseases such as cancer, infectious diseases, including HIV, stones and cysts in organs [19-26]. In particular, metastatic forms of oncology are effectively treated. It has been established that all those forms of oncological diseases that are in the selector of the device for resonance therapy are effectively treated with drugs of high and ultra-high potencies.

Treatment of patients with nosode preparations exceeding the low potency was not an end in itself. This method has been found in medical practice.

### Resonance of creation

Since 2016, materials have been published on the use of the second direction of therapeutic resonance - “resonance of creation” [19-26]. Resonance can not only destroy, for example, diseases, but also create lost biological structures. This made it possible to treat degenerative diseases.

We could not find in the scientific literature an idea of that resonance can be not only a “resonance of destruction”, but also a “resonance of creation”. This is obviously due to the fact that it is not easy to imagine how the coincidence of frequencies leads to a response that is not destructive, but constructive. In this review, we have presented illustrations of how resonance can be not only destructive, but also constructive, in particular for the treatment of degenerative diseases.

In the treatment with the help of the resonance of destruction, nosodes of diseases were used, from which preparations in the high potency were prepared. This principle has not been effective in the treatment of degenerative diseases. The creation and formation of the principle of “resonance of creation” became possible only as a result of the fact that not nosodes, but organopreparations exceeding the high potency were used for treatment. Without organopreparations in the high potency, it is impossible to imagine the use of this principle.

This review presents material related to the treatment of degenerative diseases. This means that treatment is nothing more than the process of restoring organs or organ systems that have undergone changes as a result of diseases or as a result of an aging degenerative process.

diseases can also be congenital. It is clear that a significant part of congenital diseases is a consequence of the underdevelopment of an organ or organ system.

In practice, most often after an illness, for example, inflammation, or as a result of the senile process, the level of health of the organ falls down to its destruction. Such an organ requires restoration (rehabilitation). The resonance of creation makes it possible to restore an organ or part of it.

Organopreparations are wave preparations (wave copies) of healthy organs or parts of them. Nosodes are wave drugs of the disease.

In the selectors of hardware and software complexes for bioresonance therapy, there are various organopreparations. For the restoration, rehabilitation of organs, we used organopreparations in the high potency. They were done in the same way as the high potency nosodes.

### **Treatment of the Degenerative Process using the Resonance Method Creation**

We find the potency of the organopreparation that leads to resonance with the affected organ, namely, the termination of testing this organ or organ section as problematic. In this case, the arrow stops falling on the computer screen. It is a therapeutic resonance, but not diagnostic. The doctor prepares preparations of healthy organs for the patient in the high potency, writes them down on the sugar crumbs, which the patient takes.

### **Treatment of Gout was Carried out on the Basis of the Principles of Creative Resonance and Destructive Resonance**

In our previous works [19-21] and in monographs [22-26] considered two options for using resonance in medicine - the resonance of destruction and the resonance of creation. Resonance has been used for many years in the treatment of various diseases [19-26]. In this paper, we will consider the possibilities of effective treatment of Parkinson disease and Alzheimer disease using the methods

resonance of creation. In the diagnosis and treatment of bioresonance therapy, the so-called “nosodes” are used - wave copies of various diseases, including oncological ones, and “organopreparations» - wave copies of normally functioning organs. A feature of the use of nosodes and organopreparations in our work was that we used not only low potencies of nosodes and organopreparations, but also high ones [19-26], while in previous works we used only low potencies of nosodes and organopreparations [18].

From a technical point of view, resonance is a phenomenon of the response of an oscillatory system to external influences. When the periods of influence and response of the system coincide, resonance occurs - a sharp increase in the amplitude of the oscillations under consideration.

Treatment of gout as a metabolic disease involves the removal of urate crystals in the form of sodium monourate or uric acid. The accumulation of uric acid is based on a decrease in its excretion by the kidneys.

Clinically, subgrass is manifested by acute arthritis and the formation of gouty nodes - tophi.

So, for the complete removal of uric acid, we used two methods. The first is the use of the principle of “destruction resonance”. For this we used the nosode “uric acid”. A patient with gout tested the nosode “uric acid”, which was tested (during testing, the arrow falls in the middle of the display). The potency of the nosode was chosen, which stopped testing the nosode “uric acid” in the patient. Thus, we selected the destruction resonance for the removal of uric acid. The selected potency of the nosode “uric acid” was recorded on sugar grains and the patient took it as a medicine. Treatment showed a rapid decrease in uric acid in the patient.

The second way to reduce uric acid is to normalize kidney function in patients so that the kidneys can properly remove uric acid from the blood. The organ preparation “kidney” was tested in patients with gout. It was found that in all patients the organ preparation “kidney” was tested as a drug showing organ degeneration. For the treatment of a degenerated kidney, the principle was used - the resonance of creation. In patients with degenerated kidneys, the potency of the organ preparation “kidney” was selected, which led to the fact that the drug ceased to be tested. The selected potency of the organ preparation was recorded on sugar grains, which the patient took as a medicine. The treatment showed that in the process of taking the potentized organ preparation by the patient, the normalization of kidney functions and the termination of testing of the nosode “uric acid” occurred.

The third method of treatment involved the use of the nosode “gout” for the treatment of acute arthritis and gouty nodes - tophi. The gout nosode was tested in all patients with acute gouty arthritis. In patients, the potency of the gout nosode was selected, which led to the fact that the nosode ceased to be tested in patients. The potentiated nosode was recorded on a sugar grain, which the patient took during the treatment. Treatment of gouty nodes is not a quick process. It took a lot of time for the nodes to begin to decrease.

So, for the treatment of gout, the principles of both the resonance of destruction and the resonance of creation were effectively used.

Resonance medicine treatment did not cause allergies in patients and toxic manifestations.

## CONCLUSION

The article presents an effective method of treating gout with the help of resonance medicine - the resonance of destruction and the resonance of creation. Destruction resonance is used to destroy arthritic nodes and reduce the concentration of uric acid. Resonance of creation - to restore the structure and function of the kidneys.

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